Approaches and strategies for understanding the career development needs of migrants and refugees: the potential of a systems-based narrative approach

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Abstract

Addressing immigrants' social and work inclusion is a priority at a time of increasing migration to Italy and Europe. Career counsellors can identify the sense of self in transition, consider complex experiences and socio-cultural stories, and tailor actions for inclusion. This project enhances understanding of this process and the elements that impact outcome and meaning of social inclusion and post-migration career development, providing suggestions for career guidance. We also explore the contribution of the Systems Theory Framework as a meta-theoretical and practical map, and present case studies. Results underscore the potential of a narrative approach to support immigrants' career development.

Keywords Narrative approach · Systems theory framework · Career counselling

Résumé

Approches et stratégies pour comprendre les besoins de développement de carrière des migrant-e-s et des réfugié-e-s: le potentiel d'une approche narrative basée sur les systèmes

L'intégration sociale et professionnelle des immigré-e-s est une priorité à une période de migration croissante vers l'Italie et l'Europe. Les psychologues-conseillers-ères en orientation scolaire et professionnelle peuvent identifier le sens du soi en transition, tenir compte des expériences complexes et des histoires socioculturelles, et adapter les mesures pour l'intégration. Ce projet amène une meilleure compréhension de ce processus et des éléments qui ont une influence sur les résultats et le sens de

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