



Fact sheet 1.3.1ef

KNOWLEDGE EVALUATIONS FORM 1.3

INSTRUCTIONS

Please, answer the following questions:

- 1. A healthy state of vigilance regarding threats to one's career well-being as well as alertness to resources and opportunities on which one can capitalize is called:
 - a. Career adaptability
 - b. Career-life preparedness
 - c. Career resilience
- 2. What is a role of adaptive career guidance?
 - a. Helping people to recognise the limitations what can be achieves within the current systems
 - b. Helping people to deal with the changes in the world of work
 - c. Helping people to accept the changing world of work
- 3. The role of the expanded career guidance is:
 - a. To ensure that more people receive career guidance
 - b. To encourage people to think beyond paid work
 - c. To broaden career options people think about
- 4. Which kind of skills are likely not going to be needed by most workers in the context of automation?
 - a. ICT generic skills
 - b. Manual skills
 - c. Social and emotional skills
- 5. Considering demographic changes, career development support should be especially targeted to:
 - a. Older workers
 - b. Women
 - c. All previously excluded groups from the labour market







- 6. Green guidance is:
 - a. Concerned with sustainable development, environmental conscientiousness and responsibility for the ecosystem
 - b. Focused on providing information on green jobs and green economy
 - c. Concerned with directing individuals to base their career choices on their environmental implications
- 7. Green career guidance should have a role in:
 - a. Establishing training and education opportunities with a positive contribution in environmental terms
 - b. Creating awareness of the environmental impact of career choices
 - c. Both
- 8. Using what-if scenarios is recommended to:
 - a. Support employees to enrich their current job
 - b. Help employees plan for unwanted or traumatic work events
 - c. Help employees to decide between different career options
- 9. Based on the research results that we have so far, in the first period of the pandemic the demand for the career guidance has:
 - a. Decreased
 - b. Stayed the same
 - c. Increased
- 10. Due to the changes in the world of work professionals who provide career development support should developing expertise in:
 - a. Technology domain
 - b. Helping domain
 - c. Both domains







Expected answers 1.3.1ef

Expected answers: Q1=b; Q2 =b; Q3 = b; Q4 = b; Q5 = c; Q6 = a; Q7 = c; Q8 = b; Q9 = c; Q10 = c.



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