



## Fact sheet 1.3.2ef

## **REFLECTIVE FORM 1.3**

## **INSTRUCTIONS**

Please answer the following questions and hand them to the instructor for feedback. You can use it to reflect on your knowledge and abilities. You can also talk about your reflections with a peer, personal tutor or supervisor. Please write down your thoughts in a few sentences for each question or use other forms of expression you consider appropriate.

- What did I learn from these sessions?
- What was new to me? What was most interesting for me?
- How can I apply what I learned in my future work?
- What would I like to explore further?

