

## Fact sheet 3.1.1ef

### KNOWLEDGE EVALUATION FORM 3.1

#### INSTRUCTIONS

Please, answer the following questions

1. The vocational personality encompasses:
  - a. career-related traits that predict the future
  - b. career-related abilities, needs, values, and interests
  - c. career-related categories that highlight one's career path
  
2. Savickas developed the CCT to
  - a. explain how people negotiate a lifetime of job changes without losing their sense of self
  - b. explain why people change their job so often and how they face these transitions
  - c. give counsellors materials to help clients to find which is the right job their personality match to
  
3. The Self as Author
  - a. is developed in childhood since people base their life and career choices reflecting on their past experiences
  - b. is developed in adolescence as people become more conscious about how to construct their career and who they want to become
  - c. is developed in adulthood when people integrate actions and agency into a unique identity supported by a life story
  
4. The Career Theme represents
  - a. The unifying idea that provides primary units of meaning used to understand individual's career related abilities, need, values and interests
  - b. The unifying idea that provides continuity to the Self as Actor, Agent and Author
  - c. The unifying idea that provides the primary units of meaning used to better understand the objective and subjective career
  
5. In deconstructing the clients' story, counsellors
  - a. eliminate the elements that can lead to a Life Portrait that clients would not appreciate

- b. identify the elements that are not matching with the career path that clients wanted for themselves
  - c. identify the elements of the stories that represent barriers in order to open pathways not previously possible
6. The STF proposes a dynamic open system that
  - a. is subject to influence from outside and may also influence that which is beyond its boundaries
  - b. is subject to influence from outside but cannot influence that which is beyond its boundaries
  - c. is not subject to influence from outside but can only influence that which is beyond its boundaries
7. In Patton and McMahon (2006) proposal, the source of the influences on individual's career development is
  - a. Intra-individual and social
  - b. Intra-individual, social and environmental-societal
  - c. Intra-individual and developing recursively in a time based perspective
8. In the STF of Career Development, the Therapeutic System is
  - a. The process of career counselling
  - b. The meeting of clients and counsellors' systems
  - c. The clients' system of influences that emerges from career counselling
9. STF of Career Development recognizes the contribution of
  - a. All career theories based on the narrative approach
  - b. All career theories that consider the influences of different systems on the individual's career development
  - c. All career theories
10. According to a Systems Theory based career development, clients engage in meaning making when they begin to understand
  - a. how they make choices that influence their story
  - b. how specific influences impact on their story
  - c. how their personality, interests and abilities influence their career

Expected answers 3.1.1ef

**Expected answers:**

Q1=b; Q2=a; Q3=c; Q4 =c; Q5=c; Q6=a; Q7=b; Q8=b; Q9=c; Q10=b.