
Fact sheet 5.1.2ef

REFLECTIVE FORM 5.1

INSTRUCTIONS

You may undertake the learning reflection alone, with a partner, or with a group up to 4 peer students. As preparation, it is recommended to start the reflection on your own. Then, you may contact a partner or some peers to exchange your personal findings in a discussion.

The following questions can guide your reflection. But you may find further questions to consider.

1. What did I learn from this session?
2. What has been new for me, raised my interest, inspired me?
3. What would I like to explore further?
4. What could I imagine incorporating into my professional practice?