



Fact sheet 5.1.1ef

KNOWLEDGE EVALUTATION FORM 5.1

INSTRUCTIONS

Below you will find a series of 10 multiple choice questions. Please choose the answer that you think is correct. There is only one correct answer for each question.

- 1. What is the main difference between change management (CM) and organizational development (OD)?
 - a. CM is a whole system application, whereas OD is a project application.
 - b. OD focuses on how the entire system functions, whereas CM focuses on how to change organizational processes.
 - c. CM is a diagnostic approach, whereas OD is an applied project-focused approach.
- 2. Based on Lewin's three-step model, what is necessary for change to occur?
 - a. The driving forces must outweigh the resisting forces in a change situation.
 - b. All parties involved must agree on what needs to be changed.
 - c. Understanding the power dynamics hidden behind changes processes.
- 3. In Lewin's three-step model, what does the "unfreeze" stage entail?
 - a. Stabilizing the new state of affairs and desired behaviours.
 - b. Establishing good channels of communication and promoting the new vision.
 - c. Uncovering the current state of affairs, and reveal any driving or resisting forces.
- 4. Which of the following is NOT a step outlined in Kotter's eight-step change management model?
 - a. Communicating the vision
 - b. Reprimanding (punishing) behaviours that do not follow the change plan
 - c. Establishing a sense of urgency
- 5. What is an advantage of Kotter's eight-step model of change management?
 - a. The first three steps create a boost of energy and motivation, which increases overall success possibility.
 - b. The lack of order among the steps allows the organization to arrange them in a way that facilitates change.
 - c. It is bottom-heavy, thus placing greater emphasis on the employees rather than the leaders.







- 6. When did Kotter formulate his theory on the eight-steps towards change management?
 - a. 1981
 - b. 1951
 - c. 1995
- 7. According to Sunstein and Thaler's Nudge Theory, what is a nudge?
 - a. A detailed plan on how to achieve change.
 - b. A small action that can influence people's thoughts and behaviours.
 - c. A form of feedback used in organizations.
- 8. According to Sunstein and Thaler's Nudge Theory, which are the main three types of nudges?
 - a. Perception nudges, motivation nudges, and simple-ability nudges
 - b. Perception nudges, motivation nudges, and reinforcement nudges
 - c. Perception nudges, resistance nudges, and simple-ability nudges
- 9. What is the main principle of critical theory?
 - a. It assumes that reality is fundamentally shaped by the forces of power, culture, gender, religion, politics etc.
 - b. It assumes that reality exists independently of humans, and can be objectively measured and altered.
 - c. It assumes that reality is shaped by each individual's subjective interpretation of the world.
- 10. Why is critical theory important to consider when implementing a change plan?
 - a. It helps us uncover which processes or individuals may act as an obstacle towards change success.
 - b. It helps us uncover how people's assumptions, biases, and sense of power can impact the change plan.
 - c. It encourages us to trust those in power and their decision-making approach towards change management.



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Expected answers 5.1.1ef

Expected answers: Q1=b; Q2=a; Q3=c; Q4=b; Q5=a; Q6=c; Q7=b; Q8=a; Q9=a; Q10=b.

