



Fact sheet 5.3.2ef

REFLECTIVE FORM 5.3

INSTRUCTIONS

You may undertake the learning reflection alone, with a partner, or with a group up to 4 peer students.

As preparation, it is recommended to start the reflection on your own. Then, you may contact a partner or some peers to exchange your personal findings in a discussion.

The following questions can guide your reflection. But you may find further questions to consider.

- 1. What did I learn from this session?
- 2. What has been new for me, raised my interest, inspired me?
- 3. What would I like to explore further?
- 4. What could I imagine incorporating into my professional practice?

