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Connecting Career Counselling and Human Resource Development in  
Enterprises for Higher Education and Training in Practice (CONNECT!)

# WORKSHOP FOR PPRACTITIONERS - UNIT 2

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p2.7f Learning reflection sheet



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You may undertake the learning reflection alone, with a partner or with a group up to 4 peers.

As preparation, it is recommended to start the reflection in any case alone. Then you may contact a partner or some peers to exchange your personal findings in a discussion.

The following questions may guide your reflection. But you may find further questions to consider.

1. What did I learn from this session?
2. What has been new for me, raised my interest, inspired me?
3. What would I like further to explore?
4. What could I imagine to put into my professional practice?